

# Montgomery County Department of Recreation

## Co-ed Indoor Ultimate Frisbee League

### Winter 2010

League Contact: David Branick 240-777-8087

Mondays:

Wisconsin Place Community Center  
5311 Friendship Blvd, Chevy Chase, MD 20815

Wednesdays:

Bauer Drive Community Center  
14625 Bauer Drive, Rockville, MD 20853

#### Rosters:

(Bold indicates Team captain)

Team W1	Team W2	Team W3	Team W4
Becca Adler	Sam Berry	Daniel Abrams	Sasha Clayton
Matt Bourque	Alex Branigan	Cristian Balan	Crystal Davis
Anthony Chen	Colleen Bredland	<b>Alex Becker</b>	Carolyn Earnst
Tom Coffin	Jeff Hale	David Boylan	Svetozar Fung
<b>Chris Corces-Zimmerman</b>	Rod Hannon	Christina Chang	<b>Sara Handy</b>
Matt Dingerdissen	Brendan Leary	Molly Cohen	<b>Terry Helwig</b>
Jennifer Evans	John Mallonee	Anne-Lise Cossart	Larry Howe
Ben Jendrek	Genevieve Maricle	Jennifer Goldstein	Kabir Khanna
Mark Kresowik	Joe Nudi	Aaron Hopkins	Mike Norman
Jeff Krzywon	Tom Pino	Edward Katz	Jeff Rodgers
Suzanne Porter	Abby Sanford	Michael Pawlo	Andrew Rose
Britta Schaffmeyer	<b>Julie Serfass</b>	Paul Peek	Dan Vekhter
Ed Tignor	Aaron Thompson	Andrew Schmitt	Deena Zytnick

Team B1	Team B2	Team B3	Team B4
Suzanne Bourque	Brian Cipperly	David Branick	Mark Blair
Ben Brown	Rachel Cohen	Russell Davidson	Stephanie Blanks
Edgar Chen	Kyle Demars-Johnson	Jonathon Ginsberg	Darnell Burrell
Tighe Holden	<b>Katilin Eckenroth</b>	Shannon Heaton	Will Corbin
Matt Horner	Ian Fisher	Jim Heyes	Jeff Curry
Albert Hsu	Daniela Hlucha	Alexandra Hoey	Matt Dewhurst
<b>Joseph Huang</b>	Kate Richardson	Peter Johns	Carolyn Garvey
Jessica Lai	Nathan Richardson	<b>Larry Keller</b>	<b>Bryan Greenwald</b>
Tracy Lin	Jeremy Rusnock	Joe Maloney	Tom King
Andy West	Max Spector	Eric Prange	Sean Kirchhoff
Katie West	Eric Urban	Melanie Prange	Claudia Knez
Mark Wilson	Matt Wesler	Abigail Robinson	Kate Meringolo
Steve Yang	<b>Charles Yudson</b>	Andrew Young	Charles Yu

**Schedule:** Second team is HOME team and wears WHITE. Home team pulls to start game.

Mon, January 4:  
8pm: W1 @ W3  
9pm: W2 @ W4

Wed, January 6:  
8pm: B1 @ B3  
9pm: B2 @ B4

Mon, January 11:  
8pm: W1 @ W4  
9pm: W2 @ W3

Wed, January 13  
8pm: B1 @ B4  
9pm: B2 @ B3

Mon, January 18:  
8pm: W1 @ W2  
9pm: W3 @ W4

Wed, January 20:  
8pm: B1 @ B2  
9pm: B3 @ B4

Mon, January 25:  
8pm: W1 @ B1  
9pm: W3 @ B4

Wed, January 27:  
8pm: W4 @ B3  
9pm: W2 @ B2

Mon, February 1:  
8pm: W1 @ B2  
9pm: W3 @ B3

Wed, February 3:  
8pm: W4 @ B4  
9pm: W2 @ B1

Mon, February 15:  
8pm: W4 @ B2  
9pm: W2 @ B4

Wed, February 17  
8pm: W1 @ B3  
9pm: W3 @ B1

Mon, February 22: 8pm: W4 @ B1 9pm: W2 @ B3	Wed, February 24: 8pm: W3 @ B2 9pm: W1 @ B4	Mon, March 1: 8pm: W1 @ W3 9pm: W2 @ W4	Wed, March 3: 8pm: B1 @ B3 9pm: B2 @ B4
Mon, March 8: 8pm: W1 @ W4 9pm: W2 @ W3	Wed, March 10: 8pm: B1 @ B4 9pm: B2 @ B3	Mon, March 15: 8pm: W1 @ W2 9pm: W3 @ W4	Mon, March 22: 8pm: B1 @ B2 9pm: B3 @ B4

No Games on Wed, March 17!

#### PLAYOFF SCHEDULE:

Wed, March 24, Bauer Drive CC:  
8pm: Consolation Semi #1  
9pm: Consolation Semi #2

Mon, March 29, Wisconsin Place CC:  
8pm: Championship Semi #1  
9pm: Championship Semi #2

Wed, March 31, Bauer Drive CC:  
8pm: 7<sup>th</sup> Place Game  
9pm: Consolation Finals

Mon, April 5, Wisconsin Place CC:  
8pm: 3<sup>rd</sup> Place Game  
9pm: Championship Game

updated 2/18/2010

(Results & standings: [www.montgomerycountymd.gov/rec](http://www.montgomerycountymd.gov/rec), select SPORTS from drop down menu & click Ultimate)

#### Game Overview:

Regular Ultimate rules apply with the following modifications: 1) "Make it, take it" - i.e. play never stops, therefore you must... 2) Substitute on the fly - as in Hockey or Lacrosse 3) Stall count starts at 6 (still ends at first utterance of 10) 4) Ceiling, walls and lights are Out of Bounds (O.B.). 5) Basketball backboards within the cube of play are inbounds. 6) An O.B. disc that goes out through the end zone is put in play at the nearest line, NOT at the front goal line. 7) "Out'n in." If your team recovers the disc within the end zone that you are now attacking, you must pass it out and back in to score (ie. **No Callahans!**).

#### League Overview:

- Gender ratio is 4 males/1 female, however more than one female may play at any point. - Each team will have one match a week. A match consists of a five minute warm up period, and a timed game (two 24 minute halves with five minute half-time) with score keeper. - Teams will have one 60-second time out per half. - If a game is tied at the end of regulation, a five minute overtime period will be played. - If score is tied at end of overtime, a two minute second overtime period will be played.

#### Winter Weather Policy:

1) Cancellations: After school & evening activities are cancelled when schools are cancelled, i.e. no Ultimate on snow days. 2) The Recreation Department's emergency weather line is: 240-777-6889. 3) Make-up games will be scheduled in the event of weather cancellation.